



## **SPOUSE CARE**

PART 1: Applying the Dutch way - How to apply for a job in the Netherlands

**Information for employers who care about their expats and the spouses experiencing life in the Netherlands**

## **Spouse Care Part 1:**

### **How to apply the Dutch way**

### **Projob's Spouse care Program**

Over the last decade, Projob has acquired great knowledge of International companies and their way of working as well as maintaining close contact with the expat community. We have been in touch with (groups of) expats and deeply understand what they had to deal with while exploring and experiencing the Dutch way of life and work mentality. It's because of this that we have been able to help them in finding work and build new social and professional networks.

#### **But what about their spouses?**

Accepting a job offer in the Netherlands and thus, starting a new life is exciting! The new arrival will face challenges, develop skills and talents, meet new people and ways of life, build a social network...But what about the partner?

For partners, moving to a new country is a life-changing experience too: the partner not only has to adapt to the new environment, take care of the home and possible children but also look for a new job and support their partner in their new job. This can be a difficult transition.

#### **What can we do?**

Projob is an established agency with plenty of experience in recruitment and career coaching. We have extensive knowledge of the labour market, e.g. how to start up a career, how to apply, how to network etc. and therefore can offer excellent support to expats and their partners.

#### **Workshop Spouse Care**

Our workshop 'Spouse Care' does not only give direction as to how to create a CV correctly but also offers knowledge of who you are, what you can offer (talent) and how to present yourself. It helps the spouses find their way in their new homeland.

Finding something meaningful to do is vital for one's own sense of fulfillment. Whether it is a paid job, voluntary work, a sport or other personal interests, whatever it is that makes somebody happy.

To succeed you must have knowledge of who you are, what you want to do, are able to do and how to present yourself.

Our workshop supports the spouses by giving them tools to integrate in the Labor Market in the Netherlands.

We will help the partner to:

- Gain confidence in themselves and their abilities
- Map out their strengths, their weaknesses, their challenges
- Utilize tips and recommendations for creating a suitable resume
- Network effectively
- Find out who they are and what makes them, them
- Gain insight into what they want and what they would like to do
- Successfully look for a suitable position
- Give a clear description of their specific characteristics, qualities and experiences
- Understand how their knowledge can contribute to the work field
- Get partner care tips!

The following questions come to light during the workshop:

- Does your resume have the most up-to-date requirements on it?
- Do you know your strengths and weaknesses?
- Where and how do you look for the job that suits you best?

An important part of the workshop is how to present yourself effectively both online on social media and offline during interviews and networking events. They will also learn how to prepare themselves for a job interview.

For more information you may contact our trainers:

Shereen Leissius, Career coach & trainer or  
Saskia Stuve, International recruitment consultant